

“THAT WHICH HAS BEEN SAID”

- My truth is not “the only truth,” it is illusory just like all other truths.
- My living being is not a sentient being, even if it possesses the Self, but not the thought of the Self.
- The true consciousness is not based on any concept.
- Every lesson life teaches must and will be lost.
- To possess an idea of the living being is to seize hold of nothing.
- Each generosity is without signs, form, destiny or Laws.
- The Universal Order realizes its perfection in the Void.
- The concept of Laws and NON Laws is slavery.
- Helping all beings achieve Realization, without any limits, we will not think that we have done that, because we do not have an idea of the Self.
- No mind is isolated, every mind is connected in a Universal interaction, therefore, how could a better mental subject exist?
- THE REALIZED MIND CANNOT BE GRASPED, NOR CAN IT BE USELESS.
- The true seeker of spiritual realization discovers perfection in NON-being and the Void.
- Any Action without thought has no limits.
- Anything that has been understood through "others" is deception, if it has no signs, it is THUSNESS.
- The idea that the Principle or the Universal Order exists or does NOT exist should not be cultivated because it cultivates the MIND.
- The thought of the duration of an existence is ephemeral.
- Unconditioned Reality contains no separate elements, therefore it does not contain sentient beings and selves separated in time. The most noble teachers and teachings do not exist, as they are indescribable.
- The Nature that we call Seeker of Spiritual Realization does not lie in the mental form. It is beyond any conceivable object or subject.
- Only when the mind does not reside in any place does it create the true motive for the Heaven for all sentient beings.

- The True Nature of the sentient being and of the Self is the Stillness of the Void, Infinite Realty of the Absolute.
- Even a tiny teaching received by someone can generate a chain of happiness.
- The destinies of sentient beings are interconnected just as the sands of the desert: no one can say if the grains of sand will ever meet, on one or more occasions.
- The minds of sentient beings are so interconnected that no one can say “separated mind,” that is, that any grain of sand is better than another.
- The destiny of sentient beings is so interconnected that, as the sand and the wind form dunes which are in constant movement, it unites, it separates... and my, your, our destiny no longer exists.
- The Absolute is that which is inconceivable and not inconceivable hence the sentient being, infinitesimal of that which has been said, manifests infinitesimally the two extreme natures, conceivable and inconceivable.
- What any being teaches is what a grain of sand teaches without speaking: whether it is in the depth of the desert or at the summit of the dunes, while not proclaiming to be the best, nor distinguishing themselves.
- Truth lies in the profundity of things, where in reality they disappear; the surface is simply illusion, just as a grain of sand, in its profundity, is VIBRATION. Therefore it is a grain of sand.
- Even if a sentient being is torn to pieces, by maintaining calm and perseverance they will not become a prisoner of the mind, of the “I,” of the Self, of time, of existence.
- The RESIDING CALM WILL BE the true condition of sentient beings who will be free of signs, time, separate elements, events. Even though this will not prevent the suffering that the Unconditional Reality (which does NOT containing separate elements) indescribably distributes.
- Those who meditate and contemplate do not permit their minds to communicate this, as it would separate their state from Reality, and construct a self.
- The intuition that transcends any kind of “I,” Self, time, separations, attainment of a state, is the highest intuition, but it is not an attainment.

- To lose your life for having committed an act that produces an invisible benefit to sentient beings, and to have seekers of spiritual realization intuit this, is a good practice.
- Those who comprehend the path of a grain of sand, find The Separated Mind, those who discover the link with the dune have an idea, those who lose themselves in the immense desert are no longer prisoners.
- To persevere in the state of transcendent intuition, not being slave to any idea of dual or non-dual, permits one to be free of feelings of hatred, anger or any other mental condition.
- The mind that is not subjected to any concept or idea, that does not base itself neither on the senses nor on itself, loses itself in the Reality that is not elusive but that can not be grasped.
- All existing laws lie beyond the minds of sentient beings, therefore, they are produced by the laws which themselves lie beyond...
- Countless particles make up sentient beings, who due to convention feel separated, but in reality they are nothing but those particles. ARE?
- The particles of the cosmos go where they came from; No Place is Its Place, therefore, every place is No Place for the sentient being.
- If all the laws are the True Nature, without an "I" or self, or Higher Self, and a sentient being comprehends this, they no longer need to seek. The Void of the One, the Absolute, the Infinite will receive them.
- Existence is made up of mental constructions, albeit illusory, they are the Will of the Absolute, therefore they should be lived as what they are: reality.
- Many signs indicate the existence of life.
Many signs indicate the existence of thought.
Few signs indicate the existence of The One Reality.
Only one sign leads to the One Direction.
No sign at all... beyond.
- The common sentient being thinks of helping, supporting, assisting in the realization using an "I" or self; as this "I" or "SELF" has no Reality, this is erroneous.
- A grain of sand is neither superior nor inferior, higher or lower, stronger or

weaker. This is the way the mind is, how can it affirm this?

- You repeat that you will not attain a better mind, but a better Universe, therefore not being Separated, you attain nothing!
- Only the simultaneousness of being and non-being completes the comprehension of Reality, there is no teaching or teacher. This demonstrates the perfect uselessness of words.
- If the present mind, organized by the past mind, organizes the future mind, where is the mind? Can it be found at its origins, when it did not exist, or in its future? Now! Anyone who responds is deluded!
- There can be no thought in Reality because, even if the thought is Real, it is always one of the manifold, which are never the same.
- Those who seek Absolute Reality must detach themselves from the body of sensations, from the thinking mind, from intuitions, from the most subtle perceptions of energies, so they do not have the slightest cause for suffering.
- To work for the salvation of sentient beings is without time and without duality; and so has no cause or cessation; it has no end because it does not accumulate, so it is neither worthwhile nor a fault. Therefore it is not the work of salvation.
- The Sign of Life is the death beside it. What sentient being does not have Non-Being beside them? Oblivion, to not remember, is the error. It is already being Non-Being.

N.B. The comprehension of “What Has Been Said” (which are for now useful words) will be complete when words become useless.